

NEUROLOGICAL SURGERY ASSOCIATES, P.C.
513 Brookwood Blvd, Suite 372
Birmingham, AL 35209
(205) 949-1800

Swaid N. Swaid, M.D., F.A.C.S.

ONE WEEK POSTOP INSTRUCTIONS FOR BRAIN SURGERY

CONGRATULATIONS!! Your staples/sutures have been removed and you may shower

- Let the water run past your incision and pat dry
- Do not scrub on your incision
- DO NOT apply any creams, lotions, or ointments to incision unless instructed by the doctor. Do not use Vitamin E on the incision
- Cover your head with a hat/scarf while outdoors to protect your incision from the sun

ACTIVITY

- You are still healing! Continue to take it easy but you may take occasional short walks as you feel ready. Please have someone walk with you initially
- Avoid steep inclines or uneven surfaces
- An occasional outing such as dinner, visiting with friends, etc., is appropriate at this time.
- You may be a passenger in a car, but no driving until the doctor releases you to do so.

MEDICATIONS

- Please continue to take all prescribed medications.
- For headaches, take extra-strength Tylenol.

WORK

- Depending on your progress you may be able to return to work as soon as three weeks from your surgery date. Please call Kristi for Dr. Swaid's clearance before returning to work.

FOLLOW-UP APPOINTMENT

- Your follow-up appointment is _____, _____ at _____ a.m.

If you have any further questions regarding your recovery please contact our office at (205) 949-1800.

This information should be used as a general information sheet only and should not be used in lieu of medical treatment. As individual conditions vary, always contact your doctor regarding your health care.